Long Term Care and Supportive Services
Managing Needs in Indian Country
What is Long Term Care?

• Long Term Care is any service that helps Elders and adults (aged 18 and older) with disabilities stay in their own home or community.
How Tribes Provide Long Term Care

• Chore workers (lawn care, snow removal, home makers)

• Home delivered meals

• Transportation (to the store, pow-wow, doctor’s appointments)

• Home modifications (wheelchair ramps, widening doorways and more)

• Caregiver Respite

• Loan of reusable medical equipment (walkers, wheelchairs, canes, potty chairs)
START WITH WHAT YOU DO

PLAN WITH WHAT YOU LEARN
Tribal Departments and Long Term Care Services

• Elder/Aging Services
• Social/Human Services
• Tribal Housing
• Tribal Transportation
• Health Center & Community Health
Long Term Care Adds to Your Community

- Provides much needed services to Elders and people with disabilities
- Increases Tribal program revenues & sustainability
- Creates employment opportunities for Tribal members
Who Pays For Long Term Support?
Medicaid Waivers and Title VI Funds

• Medicaid Pays for Long Term Care Services
  – When the person receiving them is enrolled in Medicaid and/or a Medicaid Waiver program
  – When services are allowed under the Waiver or Medicaid Card
  – When the Tribe bills to Medicaid with the right service codes

• You can still bill Medicaid AND keep Title IV funds
  – Title VI services that are part of your state’s Card and/or HCBS Waiver plan can be billed for reimbursement without conflict
  – Some services may also be billable to Medicare as well
Money Follows the Person: Two Programs In One

- **State MFP**
  - Transition of qualifying members out of nursing homes

- **Tribal Initiative**
  - State Medicaid funded to aid participating Tribes in building long-term care programs
ARRA Provisions for Tribes

**American Recovery and Reinvestment Act of 2009 (Section 5006)**

- CMS defined “Indian” in regards to Medicaid plans to mean the same as IHS eligibility requirements.
- Gives cost-sharing, co-pay, and deductible exemptions to Native enrollees of Medicaid plans.

**Created payment obligation**

- When I/T/U provides Medicaid allowed services to Medicaid eligible Tribal members, the I/T/U must be paid as if they are a contracted provider type regardless of actual contract.
**Home Delivered Meals: Title VI and Medicaid 2015**

**To Bill for Home Delivered Meals:**

- Member must be enrolled in Medicaid waiver
- Home Delivered Meals must be part of their service plan
- Medicaid billed meal cannot be claimed for NSP

<table>
<thead>
<tr>
<th>Tribe</th>
<th>Number of Meals Delivered under Title VI</th>
<th>Reimbursement if Billed to Medicaid ($4.88)</th>
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</thead>
<tbody>
<tr>
<td>Miami Nation</td>
<td>15,360</td>
<td>$74,956</td>
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<tr>
<td>Ottawa Tribe</td>
<td>5953</td>
<td>$29,051</td>
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<td>Peoria Tribe</td>
<td>4409</td>
<td>$21,515</td>
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<td>Quapaw Tribe</td>
<td>16,337</td>
<td>$79,724</td>
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<tr>
<td>Seneca-Cayuga Nation</td>
<td>6985</td>
<td>$34,086</td>
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<tr>
<td>Wyandotte Nation</td>
<td>15,252</td>
<td>$74,429</td>
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</tbody>
</table>
## Examples of Oklahoma Medically Fragile Waiver Rates

<table>
<thead>
<tr>
<th>Service</th>
<th>Unit(s)</th>
<th>Maximum Rate Per Unit</th>
<th>Total for an Hour</th>
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</thead>
<tbody>
<tr>
<td>Case Management VR</td>
<td>15 minutes (1 unit)</td>
<td>$20.40</td>
<td>$81.60</td>
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<tr>
<td>Emergency Response System (Lifeline)</td>
<td>Installation, then monthly</td>
<td>Negotiated Cost</td>
<td>Your installation cost and monthly rate</td>
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<tr>
<td>Personal Care</td>
<td>15 minutes (1 unit)</td>
<td>$3.92</td>
<td>$15.68</td>
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<tr>
<td>Home Health Nurse</td>
<td>15 minutes (1 unit)</td>
<td>$13.50</td>
<td>$54</td>
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</table>
Leadership & Long-Term Care

• Medicaid Enrollment
• General Welfare Doctrine and Tribal General Welfare Exemption Act
• Cost-Sharing
• Long-Term Care Department/Staff
• State and Federal Consultation Issues
• FMAP and Coordinated Care Agreements
Aniwahya Consulting Services

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