

# **Nutrition Innovations**

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Title VI Cluster Training – San Francisco

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Definitions



Innovations in  
Nutrition Programs  
and Services Grants



Funded Projects



What Do You Need?



What Do You Think  
Would be Innovative  
in Indian Country?



Title VI Nutrition  
Curriculum

# Definition

What is  
Innovation?



1. Introduction of something new

2. A new idea, methodology, program

3. Change in an existing product, idea, field



# Innovations in Nutrition Programs and Services Grants

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- Funded in 2017, 2018, 2019 and expected to continue in 2020
- Purpose: **Support systemic testing and documentation of innovative and promising practices that enhance the quality, effectiveness, and proven outcomes**
- Number of grants per year vary
- 2 Year Grants
- Forecast - <https://www.grants.gov/web/grants/view-opportunity.html?oppId=312013>
- Announcement to be available shortly
- Grant applications are due May 28, 2019



# Innovations in Nutrition Programs and Services Grants

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- Eligible grantees include: Native American tribal governments (Federally recognized), Native American Tribal Organizations (other than tribal governments), institutions of higher education, private non-profits
- Competitive grants
- Areas of focus
  - Creating partnerships with universities and/or other organizations to develop or test evidence-based nutrition programs or practices
  - Modernizing the congregate and/or home delivered program infrastructure, delivery mechanisms, and/or marketing/outreach to expand to targeted communities
  - Enhancing partnerships with health care partners (oral health, behavioral health, etc.) to demonstrate the networks' value in solving local/national problems
  - Increasing business acumen and opportunities
  - Advancing the use of technology



# 2017 6 Funded Projects: \$742,872

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- Iowa Department of Aging – IA
  - Partners: City governments, IA State University, IA Dept. of Public Health, HyVee and Food Bank
  - Promote menu quality based on preferences, menu choices: 2 entrees, milk, salad bar - voucher program for Hy Vee supermarkets
  - Collaborate to increase referrals to congregate meal sites
  - Increase availability and variety of evidence-based programs at congregate sites, chef demonstrations, provision of food & food totes, nutrition education through SNAP funding
- LiveOn NY (formerly the Council of Senior Centers and Services)- NY
  - Partners: AAA, City Meals on Wheels Columbia University College of Dental Medicine
  - Use city-wide data collection system to address oral disease and ability to eat in homebound older adults
  - Coordinate provision of oral care aides and linkages to dental care
  - Identify clients in need of modified meals, develop and deliver modified meals appropriate for reduced oral function



# 2017 6 Funded Projects \$742,872

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- Health Promotion Council of Southeastern Pennsylvania – PA
  - Partners: Health Promotion Council, Thomas Jefferson University, Family Food, LLC
  - Use the program, “Taking Charge of Diabetes” to increase knowledge about healthy eating & diabetes management
  - Assist people in self-management of Type 2 diabetes to reduce healthcare utilization
- Maryland Department of Aging - MD
  - Address malnutrition through development of a state-wide delivery system of medically tailored meals for patients transitioning from hospital to home
  - Reduce meal costs & increase home-delivered meal services
  - Establish an evidence-based framework for new malnutrition education program



# 2017 6 Funded Projects \$742,872

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- University of Utah – UT
  - Develop high quality malnutrition home visitation pilot program for home-delivered meals
  - Identify nutrition related indices for functionality, quality of life, ability to age in place, and hospital readmission through personalized nutrition care plans
  - Tailor home visits for urban, rural & frontier
  - Partners-3 UT AAAs
- Missouri Alliance of Area Agencies on Aging
  - Use technology to improve service delivery through interactive mechanisms for food deliveries from foodbanks, used Alexa
  - Established congregate meals at grocery store, Frick's Market

# Results from 2017 Grants

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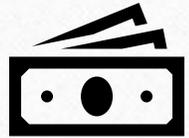
- The National Resource Center on Nutrition and Aging
  - 2 webinars on 2017 Projects: <https://nutritionandaging.org/toolkit-innovative-projects-for-nutrition-programs-and-services-part-1-2/>
  - Includes: contact information for project directors
  - Primary learning: need for partners
  - Primary difficulty: project took longer than estimated, project more complicated than thought, sustainability



## 2018 5 Funded Projects \$1,197,205

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- Erie County Department of Senior Services – NY
  - Technology driven congregate dining program including restaurant dining model
- Georgia State University Research Foundation, Inc. – GA
  - Partners include Atlanta Regional Commission, nutrition service providers & GA State University
  - Enhance identification of & support of older adults with elevated suicide risk or mental health distress



# 2018 5 Funded Projects \$1,197,205

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- AgeOptions, Inc. – IL
  - Purpose to decrease food insecurity
  - Implement a referral system between healthcare providers and nutrition providers
  - Increase referrals from healthcare providers to nutrition providers
  - Increase access to & utilization of nutrition programs, benefit programs such as SNAP & evidence-based wellness programs such as A Matter of Balance



# 2018 5 Funded Projects \$1,197,205

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- The Carter Burden Network for Aging, Inc. – NY
  - Reduce cardiovascular risk among seniors at senior centers by managing blood pressure through:
    - Evidence-based nutrition services
    - Education
    - Self-efficacy
- Health and Hospital Corporation of Marion County – IN
  - Develop “innovative” frozen meal delivery program
  - Develop website application for ordering 1 week’s worth of frozen meals
  - Determine effectiveness of Meals at Home quality improvement project

**What Do  
You Think  
Would be  
Innovative  
in Indian  
Country?**



1.

2.

3.

**What Do  
You  
Need?  
?**

1.

2.

3.



# Title VI Nutrition Program Curriculum

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- Currently funded through a supplemental grant to the Nutrition Resource Center on Nutrition and Aging at Meals on Wheels America
- Consultant: Larry Curley, current director at NICOA
- Funding for 2019: Development of a plan for a Title VI Nutrition Program Curriculum
  - Literature search
  - Report based on literature
  - Consultation with several tribal colleges
  - Proposed curriculum to be offered at tribal colleges
  - Report due in September
- Funding for 2020: Development of curriculum in collaboration with one or more Tribal Colleges
- What should be in the curriculum?



# Suggestions...Questions



# Thank you!!

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