



# Title III and VI Working Together

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## Discussion:

- What is an Area Agency on Aging (AAA)?
- Older Americans Act (OAA) and AAA
- Reasons for Coordination Title III and VI
- Reporting and tracking unduplicated activity



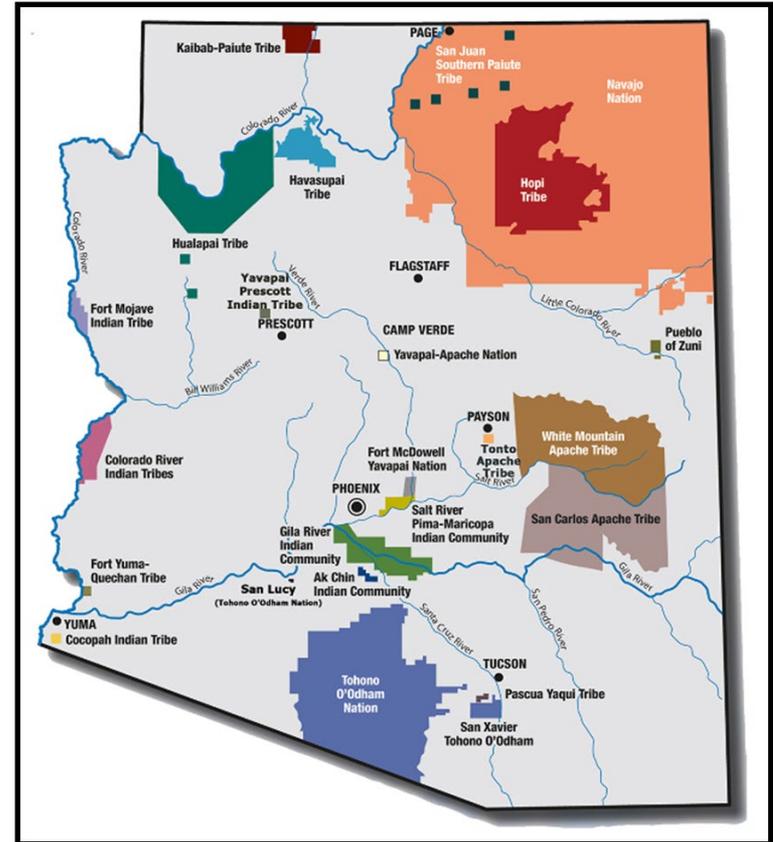
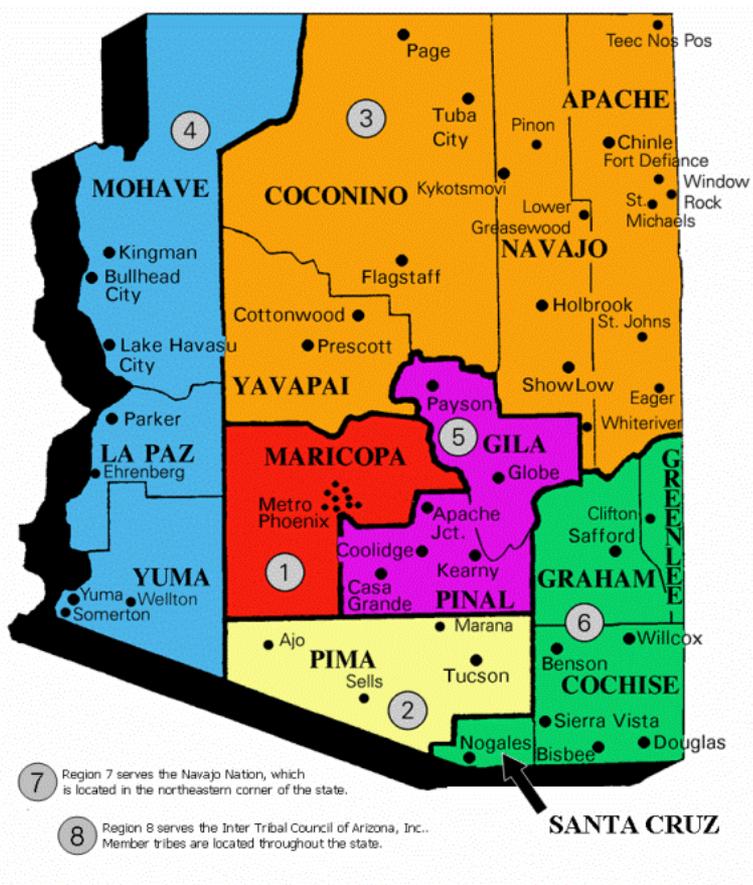
# What is an Area Agency on Aging?

**As defined by the National Association of Area Agencies on Aging (N4A) -**

**Area Agencies on Aging (AAAs)** were established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans 60 and over in every local community. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, AAAs make it possible for older adults to “age in place” in their homes and communities.



# ITCA-AAA, Region 8 Service Area



The program is administered by eight Area Agencies on Aging in Arizona. Each serve a specific area.

The Area Agency on Aging Region 8 serves 21 of the 22 Member Tribes of ITCA.



# ITCA

## Area Agency on Aging, Region 8

- Administration
- Program Development
- Program Evaluation
- Advocacy
- Resource Development
- Tribal Agreements



- Grant writing
- Technical Assistance & Training
- Coordination of Title III and VI programs
- Support AICOA Advisory Board



# ITCA-AAA Title III and VI Programs

## Title III

- Congregate Meals
- Home Delivered Meals
- Transportation
- Socialization and Recreation
- Caregiver Information & Referral
- Caregiver Training
- Caregiver Outreach
- Powerful Tools for Caregivers
- Respite for Caregivers
- A Matter of Balance
- EnhanceFitness
- Chronic Disease Self Management Program
- Long Term Care Ombudsman
- State Health Insurance Assistance Program (SHIP)/Senior Medicare Patrol (SMP)

## Title VI

- Congregate Meals
- Home Delivered Meals
- Transportation
- Nutrition Education
- Information & Assistance
- Caregiver Support Services



# The Older Americans Act and AAAs

- Utilize the guidelines in the Older Americans Act
  - Area Plans – Section 306
  - State Plans – Section 307
- Get involved in AAA and State Plans
  - Request a copy of both plans and meet with the AAA and state directors to discuss how they can work with you to meet these requirements .
  - Find out when the plans are being updated or rewritten (typically every 3-5 years)
  - Ask to be on the advisory board or other committees
  - Be sure to attend the public hearings/meeting when the plans are being developed to provide input, so your elders can receive all the services they are eligible to receive



# Reasons for coordination

- Expansion of programs & service
- Increased knowledge & communication
- Eliminates & avoids duplication of services
- Effective and efficient procedures & delivery of service
- Synchronizes services to address the need
- Clear points of contact
- Maximizes available resource (sharing)
  - Training
  - Service availability
  - Menu Planning
  - Quality Assurance/Monitoring
- Improves QUALITY OF LIFE





# Working Together

## Importance of working with AAAs

- Communication is key
- AAAs partner on projects
- They are your liaison to local, state and federal agencies.
- Networking opportunities
- AAA provides updated information on state and federal initiatives.
- Request technical assistance & training

## Importance of AAAs working with you

- Greater understanding of Tribes
- Grant writing
- Better advocacy
- To accomplish the area plan
- Field/on the ground perspective
- Information to support grants
- We need “community champions!”



# Arizona Indian Council on Aging (AICOA) Advisory Board

## Advocacy efforts



AICOA advisory board





# Advocacy

## What you can do?

- Making your voices heard on issues that affect their lives and the lives of others at the local, state, and national level.
- State Unit on Aging/Area Agency on Aging
- Governor's Advisory Council on Aging (GACA)
- Statewide Coalitions
- Indian Health Service
- Tribal Council /Meetings
- AARP
- Legislative Day
- Congressional Week



# STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

## Position Statement

The 21 Member Tribes of the Inter Tribal Association of Arizona (ITAA) and the Arizona Indian Council on Aging (AICOA) strongly request State Health Insurance Assistance Program (SHIP) FY2019 appropriations be restored to the Fiscal Year 2016 level of \$52.1 million.

### Counseling:

This program provides **personalized** Medicare coverage and benefits **counseling** at **no cost**.



### Culturally Competent Healthcare Information:

SHIP **helps beneficiaries navigate** the complexities of the Indian Health Service, Urban Indian Health Centers and 638 contracted providers.



### Connections:

In 2016, over **14,000** SHIP Counselors **empowered 6.2 million** Medicare beneficiaries, families, & caregivers to make informed healthcare benefit decisions.



One-on-one, personalized counseling for Medicare, fraud and financial abuse, billing concerns, appeal rights and other health insurance issues.



# Area Agency on Aging

## Technical Assistance & Training

- Helping Tribes understand programs and services
  - Training
    - Grant writing Training/Caregiver Training/Personal Care Training/Cook's Training/Driver's Training
    - Mental Health Training/Ombudsman Certification/Health Promotions/Case Management Training
  - Contract & Budgets
  - Professional Development/Management
  - System Reporting Access (DAARS)

## Public Hearing

- Annual meeting with Tribes to gather input for Area Plan.

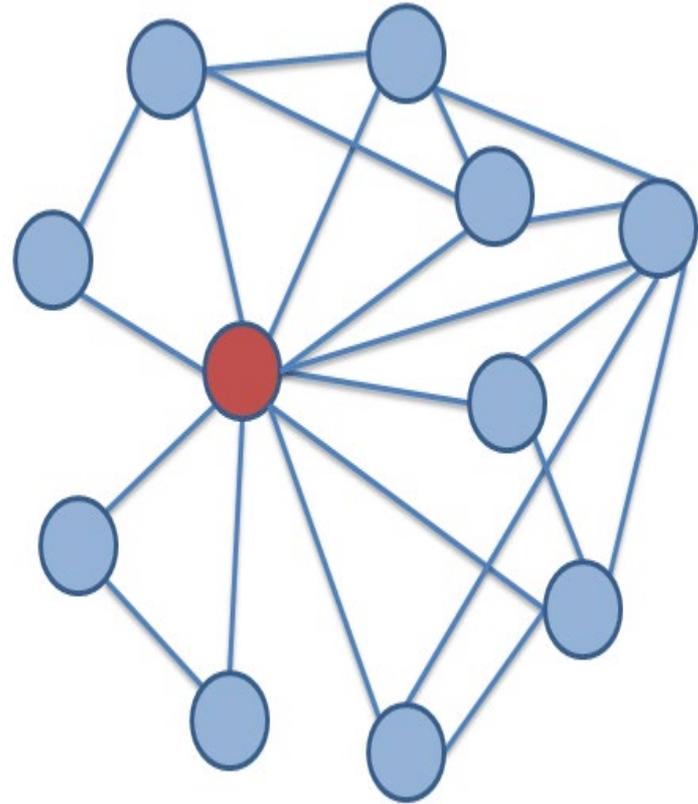
## Needs Assessments

- Incorporate Title VI Needs Assessment to construct Title III Area Plan.



# AAA Partnership

- Networking opportunities
  - Overview of services
  - Establishing connections
    - Colleges, non-profits, organizations, other Tribes, etc.
- Partnership development
  - Advocacy efforts
  - Advisory boards
- Technical Assistance
  - Helping programs understand services, etc.





# Title III & VI Coordination

## – Contracts

Create Notification of Grant Award (NOGA) to resemble Social Service Block Grant (State Funds) and Title VI.

## – Monitoring

Annual monitoring of Title III and VI programs during site visit with one toolkit.

INTER TRIBAL COUNCIL OF ARIZONA, INC.  
NOTIFICATION OF GRANT AWARD - OLDER AMERICANS ACT, TITLE III

AGENCY NAME:	Tribe's Name	Contract #	TRAAAFY18-00
PROGRAM YEAR: FY 2018	From: July 1, 2017	To: June 30, 2018	
<b>Contract Award</b>		Original Award:	45,000
		Amendment :	0
		Total Award:	45,000

Fund Sources	CNG Congregate Meals	TSP General Transportation	HPR Enhance Fitness	LTC OMB T-VII Ombudsman		ITCA TOTAL
<b>UNIT GOAL</b>	<b>4,948</b>	<b>950</b>	<b>72</b>	<b>80</b>		
Title III-B						-
Title III-C1						-
Title III-C2						-
Title III-D						-
Title III-E						-
Title VII FED. Elder Abuse						-
Title VII FED. Ombudsman						-
NSIP						-
State Funds						-
SHIP						-
Other						-
<b>Total Funding</b>	-	-	-	-	-	-

<b>Non-Federal Match</b>						
Non-Federal Cash						-
Non-Federal Inkind						-
Program Income						-
<b>Total Non Federal Match</b>					-	-

<b>Total Funding with Match</b>					-	-
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**Instructions:** In the area below, provide a breakdown by category of the Total Funding with Match.

CATEGORY	BUDGET BY CATEGORY					
Personnel						-
ERE (Fringe Benefits)						-
Professional & Outside Svcs						-
Travel						-
Space						-
Equipment						-
Materials/Supplies (Incl. Food)						-
Operating Services						-
Indirect (if applicable)						-
<b>Total Funding by Category</b>	-	-	-	-	-	-

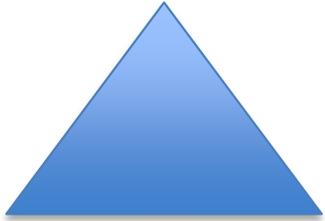
Name and Title of Authorizing Official:

Maria Dadgar, ITCA Executive Director Date

Name & Title of Tribal Authorizing Official Date



# Reporting Requirements



Chore Service (1 hour = 1 unit of service): Providing assistance to persons having difficulty with heavy cleaning, yard work, walk maintenance, minor home repair, wood chopping, hauling water, and other heavy duty activities which the older person(s) is unable to handle on his/her own and which do not require the services of a trained homemaker or other specialist .

Annual Reporting Requirement

Title III

Attendant Care (60 min. of service time = 1 unit of service)

3+Activities of Daily Living (ADL)

Arizona Direct Care Certification

Monthly Reporting Requirement



# Unduplicated Reporting and Tracking

## Title VI

- Congregate Meals
- Home Delivered Meals
- Caregiver Support

## Title III

- Congregate Meals
- State Health Insurance Assistance Program (SHIP)
- Enhance Fitness

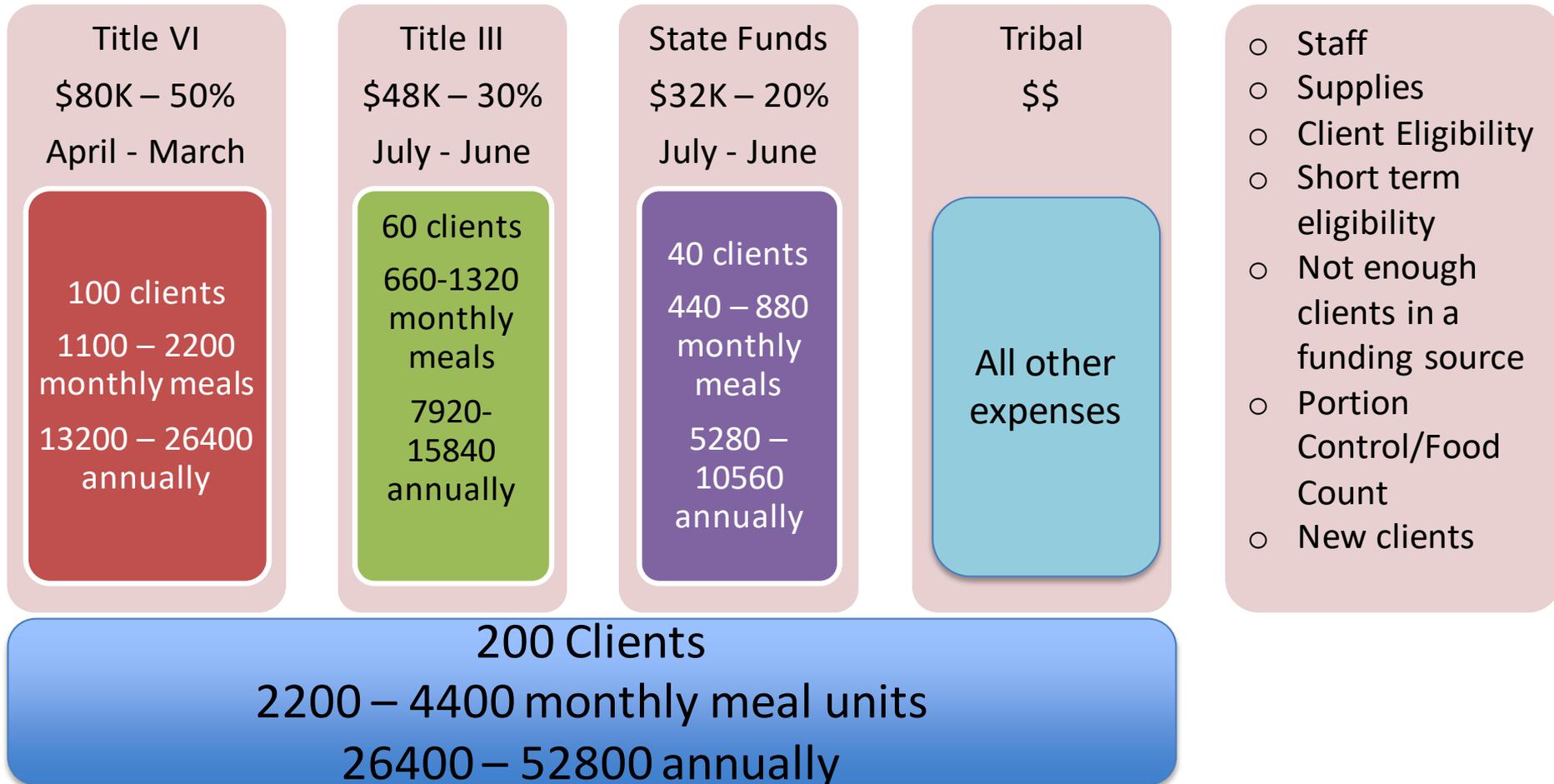
## Direct State Funds

- Home Delivered Meals
- Case Management



# Unduplicated Reporting and Tracking - Sample Chart

200 Home Delivered Meal Participants 60+ – Total Budget \$160,000 (5 meals a week)





# Where to start?

- Importance of Reviewing Guides:
  - Manuals and Older Americans Act
    - Title VI
    - Title III (Nutrition/Case Manager/Alerts)
  - Eligibility Requirements
  - Grant timelines
    - Title III – July 1<sup>st</sup> to June 30<sup>th</sup> of every year
    - Title VI – April 1<sup>st</sup> to March 30<sup>th</sup> of every year



# Title III/VI Coordination

- Contracts
  - Create Notification of Grant Award (NOGA) to resemble Social Service Block Grant (SSBG) and Title VI.
- Monitoring
  - Annual monitor Title III and VI programs during one visit with the same toolkit.
- Budget
  - Monitor your budget monthly and keep on going records to help determine the direction of your program.



# Title III/VI Coordination

- Technical Assistance & Training
  - Helping programs understand their services
    - Grant writing Training
    - Contract & Budgets
    - Professional Development/Management
    - System Access (DAARS)
- Public Hearing
  - Annual meeting with Tribes to gather input for Area Plan.
- Needs Assessments
  - Incorporate Title VI Needs Assessment to construct Title III Area Plan.



# Title III/VI Coordination

- Scope of Works
  - Review each service requirement
  - Measurement of Services/Units
- Timely reporting
  - Quarterly/Monthly/Annually
  - To ensure spend down of services
  - No loss of units/funding
  - Maintaining records/logs of services
  - Educating finance departments of service requirements
  - No duplication of services/units



# Recap and Questions

- It doesn't hurt to ask
  - For assistance, resources, information
- Get involved with your local AAA
- Review your grants annually
- Do your best!



# ITCA-AAA Staff

## **ITCA-AAA Staff:**

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**Jackie Edwards, Family Caregiver Support Program Coordinator**

**Heidi Robertson, Nutrition/Program Analyst**

**Stephanie Barehand, Public Benefits Outreach/Independent Living Specialist**

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