

***Native American Family  
Caregiver Support Program  
&  
National Family Caregiver  
Support Program***

**2018 Title VI National Training**

# ACL's Assistance

- Guidance to implement programs
- Technical assistance
  - Video conference calls with all states
  - Caregiver Website
  - ACL/AoA Title VI Manual

# Funding

- Title VI funds awarded directly to Tribes from AoA. Allowable services mirror Title III services.
- Title III funds awarded through state or non-profit agencies.

# Title VI and Title III Coordination

- OAA requires Title VI and Title III to coordinate services provided within the Title VI service area.
- Coordination is required to avoid duplication of services and maximize resources.

# Reporting

- Annual Program Performance Report (PPR), Part A, B, & C programs.
- Maintain an *unduplicated count* of caregivers receiving services.
- Keep a log and create a file on caregivers that use the program frequently.

# Who are the Caregivers?

- Family Caregivers
- Grandparents Raising Grandchildren and Relative Parents
- Relative Caregivers - Adult with Disabilities

# Definition

## Family Caregiver

- An adult family member, or other individual, who is an informal provider of in-home and community care to an older individual *or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction*

# Definition

## **Grandparent Raising Grandchildren or Relative Parent**

- A Grandparent or Step-Grandparent
- Relative of a child by blood or marriage
- 55 years of age or older and
  - Lives with the child
  - Is the primary caregiver
  - Has legal or informal relationship

# Definition

## **Relative Caregiver – Adult with Disabilities**

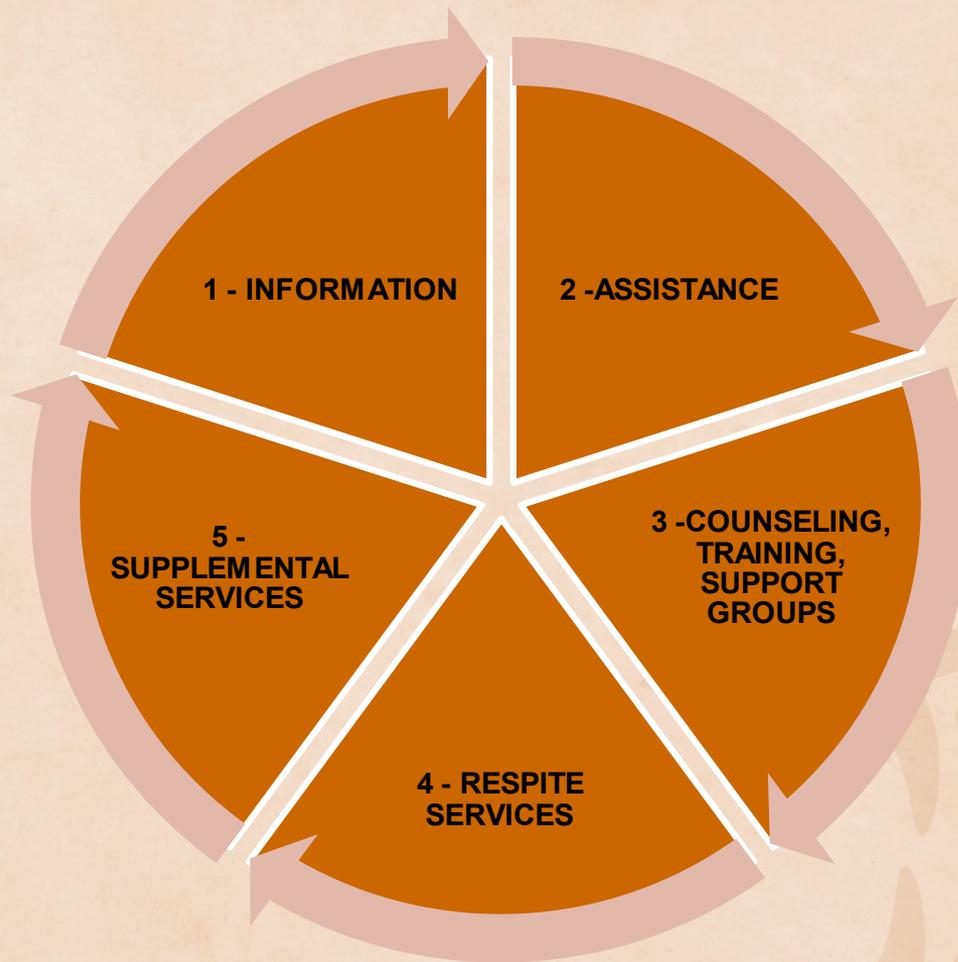
- Grandparents and other relatives age 55 years or older providing care to adults, aged 18 – 59, with a disability (this does not include natural or adoptive parents)

# Definition

## **Child**

- An individual who is not more than 18 years of age

# Five Basic Services



# Information & Assistance

## Information:

- Public education - community meetings, Health Fairs, Elderfests
- Mass media - PSA's on radio/TV, Tribal newspapers, newsletters, calendars, websites, electronic billboards
- Program Brochures, Bulletin Boards
- Caregiver Resource Library
- Helping Agency Resource Guides
- Webinars
- Assistive Technology

# Information & Assistance

## Assistance:

- Individual one-on-one contact linking family caregivers with opportunities
- Follow-up to ensure services are received
- Maintain basic log of referrals and services
- Case management – Caregiver Assessment, wrap-around services

# Caregiver Support Groups

- Emotional support and resources
- Determine needs - surveys, Elder forums, Senior Services, Health Services, other agencies, Title VI Assessment
- Target support groups based on needs -
  - Family Caregivers providing Elder care or care to adults with disabilities
  - Grandparents Raising Grandchildren & Relative Parents
  - Specialty areas as needed (Cancer, Dialysis, Grief & Loss, Alzheimer's/Dementia)
- Partner with other agencies

# Other Activities for Caregivers

- Caregiver Day Trips/Activities
- Socials with other Tribal communities/Cultural Events
- Picnics in the park/community center
- Pot Lucks
- Ice Cream Socials
- Museum
- Caregiver Christmas Party
- Caregiver Conference

# Caregiver Training - Grandparents and Relative Parents Topics

- Placement, advocacy, and resources
- Legal services-custody, guardianship, adoption, health care
- Financial assistance-food, clothing, furniture, day care, transitioning/maintenance
- Nutrition (healthy snacks and meals)
- Parenting-education on child development, effective discipline, activities for children
- Children with Special Needs

# Evidence-Based Programs

- Research-based
- Improved health-related outcomes
- Structure
- Training materials
- Certified instructors
- Tribal communities implement & sustain
- *Powerful Tools for Caregivers, Falls Prevention, Chronic Disease Self-Management (CDSMP), Stress Management*

# Evidence-Based Programs

- AoA Program Requirements
- Community Needs
- Staff
- Cost
- Licensing
- Sustainability

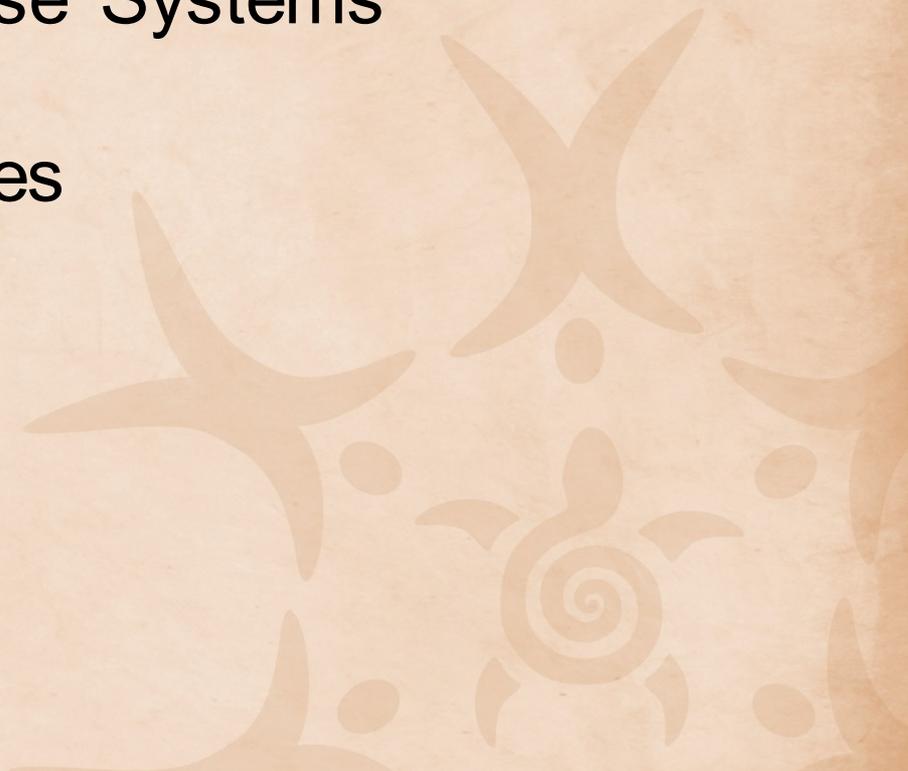
AoA's Health, Prevention, and Wellness Programs

[http://www.aoa.acl.gov/AoA\\_Programs/HPW/index.aspx](http://www.aoa.acl.gov/AoA_Programs/HPW/index.aspx)

# Respite Care

- Pay caregivers to provide care on a temporary, intermittent basis so the primary unpaid, informal caregiver gets a break
- Senior Center activities
- Adult Day Care
- Summer camps for children
- Get-a-way activities for Grandparents, Relative parents

# Supplemental Services

- Home Modifications
  - Assistive Technologies
  - Emergency Response Systems
  - Equipment
  - Incontinence Supplies
  - Transportation
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# Resources

- National & Native American Caregiver Support Programs
- Tribal Elderly or Senior Centers
- Area Agency on Aging
- State Aging and Disability Resource Center (ADRC)
- Faith-based organizations
- Alzheimer's Resource Agencies
- Indian Health Services (I.H.S.)
- REACH Into Indian Country
- U.S. Department of Veterans Affairs
- Senior Corps Senior Companions & Foster Grandparents

# Contact Information

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